

HOOF PRINTS



*The newsletter of the
Sacramento Valley
Morgan Horse Club*

WINTER 2018

INSIDE THIS ISSUE:

PG. 2 **Barn News**

See what's new with your Morgan neighbors

PG. 9 **Morgan Grand National**

Report from our local GN exhibitor!

PG. 12 **Other Club News**

Point Reyes MHR, club donations and support, announcements, Board of Directors, list of current members, equine articles of interest

PG. 25 **US Equestrian**

More information about the new Safe-Sport training requirements

PG. 27 **Forms, etc.**

Wyatt Paxton evacuation notes, AirMedCare form, membership form, Jeanne Mellin print order form

Advertisers



A Perfect Day

Jane York and Telesis, her 29-year-old Morgan gelding,
enjoying a ride through a field of poppies

(story on page 2)



Jane York and Casper Morgans

(Right) Judy Casper riding her mare Daisy without a bridle. What a great bond between horse and rider!

Fun for all ages at the Casper Ranch, Grass Valley

Jane York writes about Casper Morgans:

David and Judy Casper board mostly retired Morgans (and a few other breeds) on their Grass Valley Ranch. These Morgan horses belong to the Caspers themselves (Alamar's Trooper, age 26; Alamar's Jasmine, age 22; and Riveroak Mayflower aka Daisy, age 14); Jane York (Telesis, age 29; Minerals Aphrodite, age 22; and Eclipse Promdance aka Latte, age 23); Bev Blake (Alamar's Top Gun, age 28 and Meadowcreek Maverick, age 11); Rahmar and Leslie Oberholtz, (Falco, age 20 plus); and Pixie Fleming (Dakota, age 8).

As you enter the barn in the morning, you are greeted by the horses from their stalls. Here, these Morgans enjoy the "golden years" both figuratively (in semi retirement for most) and literally (some adorned with a golden color: 2 buckskins and 2 palominos.) During the day, most are out in pasture together; a few return for afternoon "naps" in stalls; the rest return at the evening dinner call. Each knows his/her own stall filled with senior foods. Many live next to longtime companions. The horses have formed many bonds and become a congenial herd. Owners also enjoy friendships built around retirement. Everyone, horse and owner, is SO appreciative of the care provided by the Caspers. They provide almost all the care themselves. Judy has become a master photographer, providing photos and video clips of the horses to owners when away, to veterinarians when advice and care is needed; and on social media to share the joy.



Barn News (cont.)

Jane York and Casper Morgans (cont.)

Each day all of the horses still climb the pasture hillside; many are still riding partners on the trails. There is often a weekly trail ride. Additionally, this spring with late rains, it was too slippery to ride on the ranch trails, so owners got together and set out a variety of trail obstacles in the arena: poles, a jump, a bridge, a ball, barrels, and cones. All the horses were over 20 and all the riders were over 70 years! EVERYONE, people and ponies, had a great time.



(Above) David Casper riding Alamar's Trooper on the trail. Trooper returned to the ranch through Forever Morgans.

Recently, on December 2, a frosty morning, David, Judy, and Jane watched Telesis and his mare love, Mineral's Aphrodite (22 years) leave for the pasture. Judy had kept them in until Jane arrived to provide hugs and carrots. The rest of the herd had already been out grazing for an hour. Telesis and Aphrodite left the barn at the gallop down the hill to the ten acre pasture; then up a steep hill and along the fence line (still at a gallop); then back down the hill and up to the barn (still at a good clip), across to the arena and then back up to the house to join the herd.....they were certainly warmed up for a frosty morning..... Morgans (and their owners!) do it all at every age and enjoy every moment.



Telesis cutting it up in the arena!

Happy holidays to all!

Barn News (cont.)

Linda Sheridan

Linda wrote to us:

"I have a new show mare....
EKL Sophisticated Lady.

Look for us in 4 year old
English Pleasure.....she is a
dream ride!"
(and gorgeous as well!)



For Sale: Linda also would like us to know
that she has a lovely filly for sale:

Give yourself or someone dear the best
Christmas Gift!

- Best in bloodlines
- Best in potential personality
- Best in show potential
- And just a great horse to be around.....

One year old filly (May 14th, 2017) out of
UVM Farrah and Stonecroft Masquerade
\$15,000 OBO before Spring....

Contact Linda for more information:
530-477-2556

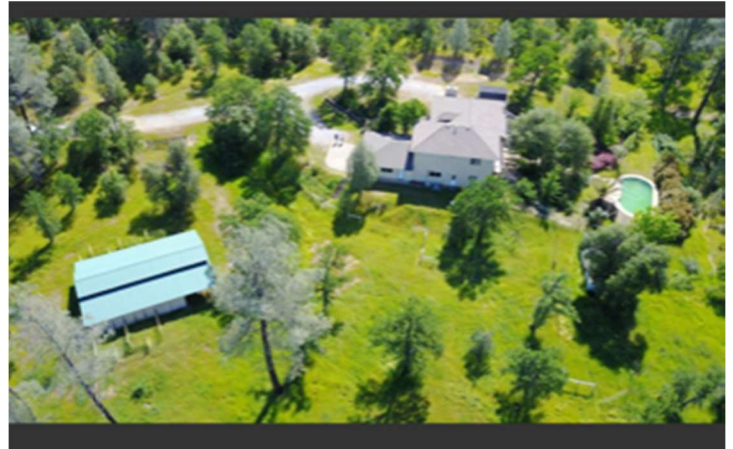


Barn News (cont.)

Wyatt and Nadine Paxton

Wyatt & Nadine Paxton of NSP Morgan sent us this:

We would like to announce that we have relocated to east Redding to 21235 Albatross Way Redding, CA 96003. We're now on a 10 ac. Ranch with a larger barn and more stalls, a year-round stream, seasonal pastures and a larger home with pool. We are planning to install an arena this next summer and will start holding some small events soon after. Our herd is up to 9 Morgans and includes 7 mares, 1 yearling stud colt and a gelding. We DNA-tested one of our newest mares and she tests positive as a gaited Morgan. We also acquired an Andalusian stud colt now 22 months old and over 15 hands already!



Earlier this year we were forced to evacuate during the Carr Fire in Redding, CA. The Carr Fire burned 229,651 acres (92,936 ha; 359 sq mi), before it was 100% contained late on August 30, 2018. The Carr Fire destroyed at least 1,604 structures (at least 1,077 were homes) while damaging 277 others, becoming the sixth-most destructive fire in California history (now, after the Camp Fire in Paradise, it is the seventh-most destructive fire). While Carr was larger, the Camp Fire did more damage to structures.

NSP Morgans was located in west Redding, just 8 miles from Whiskeytown Lake, (where the Carr Fire originally started.) Within 26 hours, the fire was knocking at our door and we had to leave. Wyatt had started earlier that day moving panels to our newly purchased ranch east of Redding. The fire forced us to go into high gear. By 7 pm we had moved all records, documents, family items, 4 dogs, 9 horses, 40 more panels, water tanks, all tack and carts, 3 trailers and ourselves. We were totally exhausted but we learned valuable lessons in how to be ready for any type of evacuation or emergency. We were evacuated for 5 days and more than 25 of our neighbors had their properties totally destroyed.



Barn News (cont.)

Wyatt and Nadine Paxton (cont.)

The fire came within 900 yards of our house but no damage was done due to our defensible space clearing and the home having a metal roof with stucco siding. All this reduced the chance of burning.

We also learned that during fire season, you should have all your animals able to load into your trailer, have all vehicles ready to move, and network with others NOT close by for resources and help if needed.

From our home to all of SVMHC members, we wish you Happy Holidays and the best New Year's ever.

(Ed. Note: Wyatt has developed a check list and a "How to prepare" list, which is included in this newsletter. Or you can contact him by email at wyatt-paxton@yahoo.com or see his Facebook page at Wyatt James Paxton or Wy-Not Cowboy Dressage.)

Barn News (cont.)



Connie Barker and friends, out and about!

Connie with Betty Greene, our great local horse trainer. Betty is still going strong at 97!

Here's another pic of Betty, holding our club calendar showing a picture of Connie's late husband Charlie and a horse that Betty trained. Our club calendars are great!! (More info on getting one for yourself later in the news.)



Connie Barker and Carol Wright whale watching



Barn News (cont.)



Connie Barker, Cathy Parks and Carol Stair at the Sacramento Choral Society Christmas concert. They were there to support one of our members, Patti Bell, who sings in the chorus. It was a fun concert with lots of great music performed by talented artists.

Connie enjoying some ice cream on her way back from Point Reyes to visit Maverick.



Morgan Grand National

Grand Finale Stables



Megan Gallagher writes:

Grand Finale had a wonderful time at the Morgan Grand National this year. We had 6 horses there and came home with 3 World, 1 Reserve World and 5 Grand National titles. We had some exciting things happen outside the ring as well. Congratulations to Antoinette Martin on the sale of Baymount's Cisco Kid to Fire Stables. He's a fabulous gelding that we will all miss in the barn. Betty Frisbee purchased the elegant gelding Graycliff Governor Scott. We are looking forward to having him in the barn for the 2019 show season.

We will be having a potluck Christmas party at the stable on December 22nd at 2pm. Everyone is invited! Please RSVP with Megan or on Facebook to let us know what you're bringing.

(above) CFF Sweet Lorraine; World Champion Western Dressage Intro level; ridden by Megan Gallagher. She had only been shown western dressage twice before competing in Oklahoma. This beautiful mare is available for your consideration.

Hijo de Valdez (right, owned by Gerry Paiva and ridden by Megan) was Reserve World Champion Western Dressage 3rd level. He was behind the leader by less than .05%! He also defended his title and won World Champion Western Trail for the second year in a row. This handsome, talented stallion is standing to the public for the 2019 breeding year.



Morgan Grand National (cont.)

Grand Finale Stables (Megan Gallagher)



Harlington's Farquar (shown with Megan) added to his long list of accolades by winning World Champion Western Dressage Basic Level. This was Harley's first year competing in this discipline and he exceeded everyone's expectations! Harley and his owner Lisa Reif had a fabulous first year together, winning 4th in their adult equitation class. Also, Ron Smith put in a beautiful ride on Harley to get a great 7th Place in the Western Gentleman's Finals.

Saralin Blues Brother (at right, with Megan riding) is a handsome stallion we received while we were in Oklahoma. His owner, Linda Hawkins, had him brought to Grand Finale Stables after Oklahoma to be closer to home for her to enjoy and ride. Megan was fortunate enough to get to show him in the Western Stallions class. They had a smooth go to earn 7th place. Feel free to contact Megan Gallagher for information on breeding to this handsome guy!





(left) Heather Chojnacki and Hijo de Valdez, all dressed up with someplace to go!

(below) Grand Finale Stables at Oklahoma. Look at all those pretty ribbons!!

OTM Keeper of the Stars and Betty Frisbee had a memorable first Oklahoma together. Betty has not shown or ridden much in the last 15 years; this was her very first Oklahoma competition. She and Zorro earned 5th in the World in the intro level for western dressage. They also received a top ten in the very competitive Western Amateur division.

Baymount Cisco Kid was shown by Grace Robinson in western dressage, equitation, and western pleasure. This great pair earned 6th in the World in Western Dressage Basic Level. They also earned a well-deserved top 10 in the Western Amateur division.





Point Reyes Morgan Horse Ranch Update

Connie Barker fills us in on the latest from the MHR:

On November 14, 2018 I made my quarterly visit to the Morgan Horse Ranch (MHR) at Pt. Reyes National Seashore. The air quality at Pt. Reyes was actually worse than it was in Sacramento due to the terrible fire in Paradise, CA. Due to the bad air, the Ranch Manager was not able to ride Mischievous Maverick for me to see how well he is doing. Maverick has completed his 90 day probationary period and the paperwork process has started to transfer his registration. Maverick is physically back at the MHR after completing 3 months of training with Paul Dubray in Santa Rosa. Paul was scheduled to do a clinic at the MHR the very next day to work with the MHR volunteers who will be handling Maverick. I subsequently learned that Paul and Philip Straub (Ranch Manager) had to cancel that clinic due to the poor air quality. By the time you see this update, they will hopefully have rescheduled and completed the training. Maverick is 16'1 and the inventory of saddles available at the MHR do not fit him. Based on advice from Paul and Philip, the National Park Service (NPS) purchased a good used saddle that fits this big boy well.



Mr. Straub rides Maverick a couple days a week and works him on the long lines on the other days. No one else has permission to ride Maverick at this time. The Ranch Manager works a 10 hour day Wednesday through Saturday. The remaining days are covered by a large group of reliable volunteers which the MHR could not do without. The NPS is very lucky to have such a wonderful group of people. The NPS is so pleased with this young horse they are planning on investing a few more months of training with Paul. This is very welcome news.

Other Club News (cont.)

Point Reyes Morgan Horse Ranch Update (cont.)



The Friends of Pt. Reyes Morgan Horse Ranch committee is in talks with the Ranch Manager in hopes of bringing him and Maverick to the club demo and booth at the 2019 Western States Horse Expo. The Ranger is willing but travel funds in their 2019 fiscal budget may be an issue. Ron Smith is in charge of the club's efforts at Western States Horse Expo which at the present time are up in the air because of the change in location from Cal Expo to Murieta Equestrian Center. Ron will be making the decision on the depth of the club participation and then we will proceed with making things happen. Having the Ranger there in uniform on a 16'1 buckskin Morgan gelding will be something to see.

There are still some Jeanne Mellin prints available. Proceeds from the sale will go to benefit the Morgan Horse Ranch. Information and an order form can be found in the Advertising section of the newsletter.

New Group Needed to Run the Stewart Horse Camp

Amanda Stewart is retiring from running Stewart Horse Camp and is moving to greener pastures.

John Dell'Osso, of Pt Reyes National Seashore has notified the SF Bay Area and Northern California horse communities about the change at the Stewart Horse Camp. He writes that the National Park Service is committed to keeping the horse camp running and keeping it horse-only camping. They are looking for a group to run it for one year (the 2019 Summer season) and there will not be a lot of hoops to jump through because it is for only one year, not a multiple year lease and they are very motivated.

Other Club News (cont.)

New Group Needed to Run the Stewart Horse Camp (cont.)

Here is his letter:

Dear Equestrian Community,

We wanted to let you know that the long-time operator of the horse camp within Point Reyes National Seashore, Amanda Wisby/Stewart Ranch LLC, recently notified the National Park Service that she no longer wishes to operate the facility, and requested to end the concession contract. The park appreciates the long stewardship of the Stewart Horse Camp by Amanda and her family.

While the facility is closed seasonally this time of year, we understand its importance to the equestrian community. The park is currently evaluating options to keep the horse camp open during the 2019 operating season and the prospectus development process. We will provide updates to Marin Horse Council and on social media on next steps as we work through this process. Thank you for your interest in the horse camp and Point Reyes National Seashore.

Sincerely,

Point Reyes National Seashore

John A. Dell'Osso

Chief of Interpretation and Resource Education Point Reyes National Seashore

1 Bear Valley Road

Point Reyes Station, CA 94956

415-464-5135

john_a_dell'osso@nps.gov

Other Club News (cont.)

The SVMHC continues its tradition of helping those in need

Blood Source

The Sacramento Valley Morgan Horse Club (SVMHC) has been a member of Blood Source for many years. The account was deactivated in the last few years but was resurrected this year. Now Blood Source is called Vitalant. If you are a blood donor or are thinking of donating blood, please consider doing so in the name of the club. Blood is the gift of life and we all can help our friends and neighbors by sharing this gift. It is also an avenue of promoting the Morgan Horse breed.

My niece was born with a heart problem and needed transfusions on a regular basis. At that time, I worked for the Federal Government at the Aerojet-General Corporation facility off Highway 50. Aerojet periodically allowed Blood Source to bring their mobile van to the facility for employees to donate blood. The Federal Government allowed workers to take a couple hours off to donate blood. I was sort of afraid of donating but my niece needed blood so I took the plunge. Both Aerojet and the Government made it easy so I became a regular donor. In that process, I found out what my blood type is, that only 7% of the population has my blood type, and that my blood could be used for babies. That made me feel special and made it a little easier to overcome my fear.

Now, 40 plus pints later, I can no longer give blood because I have a fatty tumor right on the top of the artery of both my arms. The tumors have nothing to do with donating. Bottom line, I learned quite a lot doing this one simple task and I helped save someone's life. They have locations all over the area including up in the Grass Valley/Nevada City/Penn Valley area. As a member of SVMHC, you are also entitled to use the blood donations should you find yourself in need. Account 2354 is waiting for some action. Glad we were able to reactivate the account. --Connie Barker

Horses Honor Equine Rescue

Members of our club have also supported this valuable organization via donations of tack for their tack sales. Horses' Honor is a non-profit organization dedicated to assisting horses in need, focusing on senior horses who have no advocates. It provides life-time sanctuary in a safe, natural environment to horses who would otherwise face continued neglect, slaughter or unnecessary euthanasia. Horses' Honor also serves as a resource to individuals and agencies assisting horses and promoting awareness of the plight of unwanted and abandoned horses. Since 1999, Horses' Honor has been a sanctuary for horses rescued from neglect, abuse, or shipment to slaughter. The horses are at home on 83 beautiful acres in the Sierra Foothills near Lincoln CA, an absolute paradise for horses with irrigated and seasonal pastures, huge trees, barn, arena, pond and ample hay storage. More information can be found on their web site: www.horseshonor.org

Other Club News (cont.)

Support for victims of NorCal fires

As you read earlier in Wyatt Paxton's barn update, the fires in California have been particularly devastating this year. Many lives have been lost, thousands of homes have been destroyed, and many people displaced and separated from their loved ones and animals. Our club has tried to do at least a small part by supporting some of the causes dedicated to helping those in need.

North Valley Animal Disaster Group

On November 11, 2018, the BOD voted to send a \$200 dollar donation to the North Valley Animal Disaster Group. This is a group of dedicated volunteers who assisted with rescuing, caring for and finding the owners of the many, many animals affected by the Camp Fire in Paradise. NVADG is one of the few groups authorized to go "behind the lines" in times like this to rescue all types of animals, be it livestock or pets. Their efforts have been invaluable in helping save many horses, dogs and cats along with other animals, and reuniting them with their owners. Our own Patti Bell is a former director of this group.

Here is the text of an email your editor received recently from them:

Two weeks ago this all began . . . ***the most destructive wildfire in California history.***

- ***Our phone operators and data entry personnel*** have worked virtually non-stop.

-The ***Evacuation Teams have rescued*** over a thousand animals, and everyday feed and water animals behind the fire lines.

-Our ***fabulous Shelter Teams*** continue to provide excellent hands-on care to almost 2000 animals at two small animal shelters, and the large animal shelter.

-And we have ***tremendous supporters*** that have supplied the resources to support our efforts from day one and into the future.

Our message is that we will continue to run evacuation and sheltering-in-place operations until residents are able to return to their homes. We will gradually consolidate the sheltering operations and do our best to reunite every animal with its owner. That is our duty.

THANK YOU FOR ALL THAT YOUR SUPPORT! YOU ARE AMAZING!

With sincere appreciation,

John Maretti, NVADG President, and the entire NVADG Board of Directors

Other Club News (cont.)

Support for victims of NorCal fires (cont.)

Hold Your Horses

We also sent a donation to help with the horses involved in the Lake County Fire.



Miscellaneous Club Updates (cont.):

Calendars

The 2019 SVMHC Calendars featuring local Morgan horses ARE ON SALE NOW!!! Featuring photos of our local Morgan horses, it's a great way to impress your friends and family with the beauty and majesty of our wonderful breed. At \$20 each, they are a great bargain and are sure to be popular, so get yours early! It will make a wonderful Christmas gift. Shipping is FREE!!!

The calendar is \$20 with no tax. Contact Carol Martin at Kittymom1943@hotmail.com or 530-409-5228 and order your calendar today. You can charge to a credit card or pay by check. Let's send a huge thank you to Megan Gallagher for doing such a fine job.

This is a fund raiser for the club and we thank each one of our Morgan lovers who purchased a month in this year's calendar. Contact Megan at evansm909@hotmail.com or 916-812-1144 to reserve your month in the 2020 calendar. (Several months are already spoken for!) ORDER NOW SO YOU CAN RECEIVE IT IN THE MAIL BEFORE CHRISTMAS!!!

Harness races

The harness races that were planned for November were cancelled by the Racing Commission due to bad air quality from the fires. We appreciate their concern for the horses. Patti Bell is in discussions with Cal Expo to reschedule the general club meeting at the harness races for the first quarter of 2019. We are hoping for a January or February reschedule. Keep your fingers crossed.

Western States Horse Expo

The Western States Horse Expo for 2019 has been relocated to the Murietta Equestrian Center and will be held May 9th-12th. The BOD voted to make a deposit for a booth at this new location. Volunteers will be needed so mark that date on your schedule.

Fund-raising schooling show

The SVMHC has scheduled a fund-raising schooling show at Orangevale Park for May 5, 2019 and a deposit has been made. Mark that date on your calendar and plan on bringing your horse.

2019 New Dressage Tests

If you're planning to ride or show dressage this year, make sure your tests and training are up-to-date! The new 2019 USDF Dressage tests are now available from the USDF website:

<https://store.usdf.org/collections/educational-materials/products/2019-usef-usdf-dressage-test-booklet>

Miscellaneous Club Updates (cont.):

AirMedCare

All Sacramento Valley Morgan Horse Club members need to consider this valuable and practical club benefit! As an SVMHC member, you can receive one year of AirMedCare Network membership which provides your entire family with access to Air Ambulance Transport at a significant savings. This service is normally not covered by your insurance and can cost tens of thousands of dollars if required.

The regular price is \$85/year, however as a SVMHC member, your family membership is reduced to \$65.00.

You can join using any of the following methods:

You can mail in the form (below) or contact Patty, our membership manager at 916-342-3221. Her email is patricia.rex@airmedcarenetwork.com or visit her webpage

at <https://www.amcnrep.com/msm/patty-rex>

By Phone: 916-342-3221 or 800-793-0010

On-line: www.airmedcarenetwork.com/msm/patty-rex

Local Rep/Track Code: 1388

Board of Directors Election

The Board of Directors election was held last month. The proposed slate of 2019 officers and directors were elected by ballot and the entire slate was approved with 24 votes. There were no write-in candidates. Thank you to those of you who returned your ballots.

The candidates will begin their service at the January 2019 meeting. We also would like to thank the 2018 BOD for their hard work.



Membership, Contacts, Etc.

Board of Directors (2019)

President

Allison Gillard

Vice-President

Ron Smith

rms_wcm@yahoo.com

(530) 268-3881

Secretary

Rebecca Smallridge

Treasurer

Carol Martin

Kittymom1943@hotmail.com

(530) 409-5228 Cell

(530) 622-8622 Home

Director-at-Large

Megan Evans---Gallagher

evansm909@hotmail.com

(916) 812-1144

Director at Large

Patti Bell

Patti.bell@att.net

(916) 989-0740

Membership Chair

Cathy Parks

clparks1119@gmail.com

(916) 338-2773 Cell

HOOF PRINTS, the SVMHC Newsletter

Editor: Kathy Devon

katdevo916@gmail.com

(916)632-6724

SACRAMENTO VALLEY MORGAN HORSE CLUB MEMBERS

2019 Members (as of December 2018)

The 2018 memberships expire on 12-30-2018. Mail the attached membership form along with your check right away. This is a very active club well worth the membership fee.

(If you don't see your name on this list, please send us your membership form and dues!!)

We need you all!

Adams, Julie	Christiansen, Susan (L)	O'Connor, Pat (L)
Barnett, Vernee' (L)	Gillespie, Jo Anne (L)	Paiva, Gerry
Barker, Connie	Klinger, Linda	Paxton, Wyatt and Scott- Paxton, Nadine (L)
Bartolucci, Sherri (L)	Kruljac, Wendy	Perry, Art Jr. (L)
Bell, Patti	Martin, Carol (L)	Personeni, Teri
Boyd-Pierce, Sandra (L)	Merritt, Curtis	Rose, Kelly (L)
Butts, Marion (L)	Morales, Shelly	(L) = Lifetime Members
Carroll, Susan (L)	Nelson, Sandra (L)	



Reprinted from The Horse

theHORSE

How and Why Horses Help Veterans

As Veterans Day approaches, take a look at how equine-assisted therapy is helping ease veterans' transition back into civilian life.

Posted by **Pat Raia** | Nov 8, 2018 |



Mitchell Reno,

who served two tours in Afghanistan, says the mustangs at BraveHearts have changed his life."

How and Why Horses Help Veterans (cont.)

This year the Veterans Administration awarded more than \$1 million in grant funding to equine-assisted therapy (EAAT) and sports programs that help veterans cope with mental and physical service-related issues. A mental health specialist believes the grants recognize why horses are so well suited be centerpieces of these programs in the first place.

A total of \$ 1 million of the Adaptive Sports Grant for fiscal 2018 was specifically designated and awarded for equine therapy for mental health issues, said Michael F Welch, the Department of Veterans Affairs Office of National Sports' Paralympic program specialist. Additional equine programs that fell under the general adaptive sports category also received funding.

“So more than \$1.1 million actually went to equine programs,” Welch said.

It's no surprise to Ann Sartori, PsyD—who consults for EAAT programs that treat veterans for trauma, traumatic brain injuries, sport performance, and anxiety—that horses are so well suited to assisting in therapeutic situations. She said research has shown that working with horses improves the overall quality of life on physiological, psychological, and spiritual levels.

“There can be a decrease in blood pressure and heart rate and also an improvement in neurobiochemical markers, such as endorphins and dopamine, which potentially leads to a sense of calm in the body,” Sartori said. “Studies show that potentially there is an improvement in overall well-being—reduced anxiety, improved empathy, expanded social interaction, increased self-confidence, self-control and self-esteem.”

In addition—though horses have their own unique histories, personalities, moods, and needs for connection—they function within a herd, and just observing herd behavior can make humans aware of their own challenges, Sartori said. That is especially significant for veterans, who are conditioned to be on alert and aware of self and others as they face their unique jobs and missions, she said.

“Veterans, from the beginning of their training, are conditioned to be on alert and/or in fight-or-flight situations; the brain that (functions) in that manner is changed,” Sartori said. “Whether in combat or not, this early training sets a biophysiological and social emotional pattern which carries through the transition out of the military and into their current lives.”

Horses help veterans concentrate on what's happening at the moment, said Mitchell Reno, who served two tours in Afghanistan before taking part in the EAAT program at BraveHearts Therapeutic Riding and Educational Center. BraveHearts—which has locations in Harvard and Poplar Grove, Illinois—uses only Bureau of Land Management mustangs in its EAAT program.

How and Why Horses Help Veterans (cont.)

“(Some veterans) are depressed because they are focused on the past and they are anxious because they are focused on the future,” Reno said. “The mustangs are special because not only do horses force you to be in the moment, but they know fear of the roundups and of people handling them, and they see every movement.”

Sartori said the horses help veterans learn to develop the relationships they need to reconnect with their communities, each other, and their families.

“Research demonstrates that even caring for horses by grooming, feeding, and being around them has positive effects on physiological and psychological functioning” Sartori said. “Equine-assisted therapies allow the veteran to experiment with caring for another again. The relationship that develops between the veteran and horse becomes a powerful change agent.”

Reno said that connection has changed him forever.

“I can’t even explain the gift that these horses have given me,” he said. “It’s amazing.”



US Equestrian Announces New Safe Sport Training Requirements:

A Reminder from Ron Smith, SVMHC President:

Dear Sacramento Valley Morgan Horse Club Members,

We are writing to each of you to alert you to the attached notification from the USEF. This is mandatory training they are requiring from each USEF Member in order to compete in the 2019 USEF activities, including shows. The attached email gives clear instructions on how to login and complete your training. This needs to be completed by January 1st 2019.

Sincerely,
Ron Smith-President
SACRAMENTO VALLEY MORGAN HORSE CLUB

From USEF:

This is a **reminder** that, as a USEF Competing Member 18 years of age or older, **you are required** to complete all three modules of the Safe Sport Training by January 1, 2019.

If you do not complete the training, you are ineligible to participate in all USEF activities, including competitions.

To complete the training, log in to your USEF member dashboard at [USEF.org](https://www.usef.org) and click the

“Safe Sport Training” icon.

[Go to my Member Dashboard](#)

Please keep in mind that **all three** modules need to be completed, including:

1. Sexual Misconduct Awareness Education
2. Mandatory Reporting
3. Emotional and Physical Misconduct

The required Safe Sport training requirement is not fulfilled until **all three** modules have been completed.

A confirmation email from USEF will be sent to you within 48 hours of full completion of all three modules. You can also confirm your Safe Sport training requirement has been completed by looking at the Safe Sport Training icon in your [USEF member dashboard](#). Once the Safe Sport training requirement has been completed, the icon will be green, with the message "Safe Sport Training Completed". The due date of your next training will be listed below it. This may take up to 24 hours to update.

If you are a victim or a survivor of abuse and believe this training could be an emotional trigger, please contact Teresa Roper at troper@usef.org, Sonja Keating at skeating@usef.org, or the U.S. Center for SafeSport at training@safesport.org, before accessing the Safe Sport Training course.

A list of Frequently Asked Questions on this rule change can be found [here](#). Additional information and resources on Safe Sport, how to [report](#) sexual and non-sexual misconduct, access to a free [training module](#) for parents of equestrian athletes, a [Safe Sport FAQ](#), the [Safe Sport Sanctions](#) list, and more can be found [here](#).

A 30-day grace period to complete the awareness training will be provided to all members who renew or join on or after December 1, 2018. Members joining prior to December 1, 2018 will have until January 1, 2019 to complete the training. Those who do not complete the training within the grace period will be ineligible to participate in USEF activities, including competitions.



PRE-EVACUATION PREPARATION STEPS

(from Wyatt Paxton)

Follow these checklists (if time allows) to give your home the best chance to survive.

Animals *(You may be gone for days)*

- Locate and keep your pets nearby. Take medications, pet crates, food, self-waterers, leashes, bedding, bowls, toys, etc. Many evacuation centers will not take you in without these items. Stores will sell out fast.
- Hook up your livestock trailer(s) early and load with tack, buckets, and hay nets needed for relocation.
- If you don't have trailers to move all livestock, have a network of friends to call. Make sure not to use only nearby friends because they will be in the evacuation also.
- Options if for moving livestock if needed: Cowboy 911 on Facebook, private haulers, animal control, Sheriff's Posse, horse clubs or Search & Rescue groups
- Put your Emergency Supply Kit in your vehicle.

Inside the House *(You may be gone for days)*

- Shut all windows and doors, leaving some larger ones unlocked. (To keep poison smoke & ash out but allows first responders in to search)
- Shut off gas at the meter or propane tank;
- Shut off the air conditioning or heat. Turn off pilot lights. Turn off ice maker & empty tray (even if power is off, it will come back when you're gone.)
- Remove flammable window shades, open curtains and close metal shutters.
- Leave some of your lights on so firefighters can see your house under smoky conditions.

Outside *(You may be gone for days)*

- Back your cars into the driveway with vehicles loaded and all doors and windows closed. Carry your car keys with you. If you have two sets leave one in the vehicle. Have vehicles fueled & ready to move.
- Have a ladder & place it at the corner of the house for firefighters to quickly access your roof.
- Shut off gas at the meter or propane tanks. Move propane BBQ appliances tanks into the garage.
- Shut off water valves to barn/fields water tanks but not the barn its, if no animals are left behind.

- Have sprinklers on timers. If no timers, don't leave sprinklers or water running on full time. (It reduces water pressure.)
- Connect garden hoses to outside water valves or spigots for use by firefighters. Fill water buckets and place them around the house.
- Gather up flammable items from the exterior & bring them inside (patio furniture, kid's toys, door mats, trash cans, etc.) or place them in your pool.
- Leave exterior lights on so your home is visible to firefighters in the smoke or darkness of night.
- Patrol your property and monitor the fire situation.
- Check on your neighbors and make sure they are ready or can prepare to leave.

Be Prepared for future evacuations or emergencies:

Your Barn or Livestock area:

- Keep a halter with lead at each gate, stall or pasture fence, one for each horse in that area.
- Keep all medication in one area for quick and easy access.
- Make sure to have some simple halters for a beginner to use.
- Remember Emergency First Responders or Firefighters may not be experienced with horses.
- Teach ALL your horses to load once a month. One horse will not load, you'll remember it that forever.
- Keep buckets, hoses, and nozzles in visible locations for quick access. Have several faucets or spouts.
- Have each water tank with its own shut off valve.
- If possible keep hay in the barn or under cover.
- Network with others, if you don't have trailers for all your livestock. Be prepared.
- Keep roofs clear of tree leaves, Trim tree branches high above the ground & away from structures.
- Keep all fence lines and structures clear of vegetation for 50 ft or more.
- Patrol your property and monitor possible fire situation.
- Check on your neighbors and make sure they are or can prepare to leave.
- Have trailers parked in an area for easy & quick hookup. Have them ready every day.

Your Pets:

- Keep all dry or can food in container or bins, in one area for quick and easy access.
- Keep all medication in one area for quick and easy access.
- Have pet crates, self-waterers, and have your pets know how to use them. Trained pets are happy pets.
- Your Home:
 - Keep roofs clear of tree leaves, Trim tree branches high above the ground & away from structures.
 - Keep rain gutters clean & clear of leaves. Have a metal roof if possible.
 - Ask your propane serviceman to turn tank regulator to face away from structures.
 - Keep structures and property line with a defensible space 50 ft or more.
 - Keep your driveway clear of brush and trim all tree back away from vehicles.
 - Use lawn sprinklers with timers with mechanical or battery backups if possible.
 - Keep hoses & nozzles at all hose spout outlets.
 - Keep emergency numbers in ready to use locations.
 - Know where your gas & water valves & how to turn them off. Teach others in your home how. Getting huge electric or water bills isn't fun after being evacuated for days.

Firefighters will not endanger their equipment if you don't protect your own property. Fires create high winds and can pull trees over onto the house. Get to know your neighbors & talk about defensible space for everyone. Maintain clearances at your structures, your driveway or other roadways on your property. If don't protect yourself, no one else will. Emergencies come in many forms: fires, floods, wind storms or earthquakes.

ARE YOU COVERED?

An annual AirMedCare Network membership costs only \$65 per year! One membership covers the entire household!

Medical emergencies can strike at any time—at home, at work, at play, or on the road.

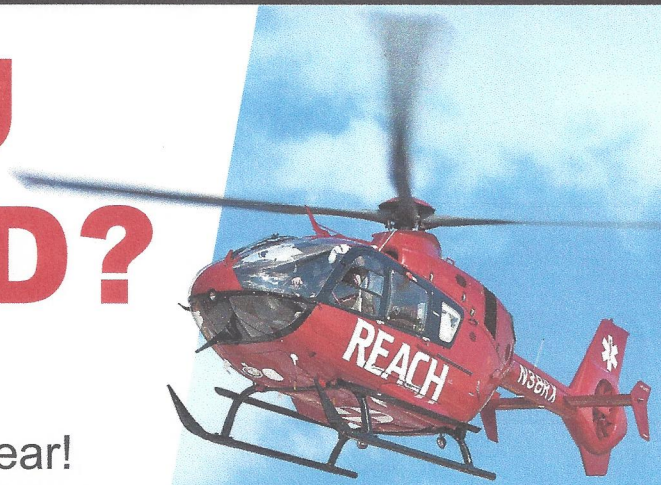
Protect yourself, your family, and your finances by joining our membership program. Air transport may cost you thousands of dollars without membership.

REACH, CALSTAR, and AMCN cover you from coast to coast...with over 30 locations in California alone!

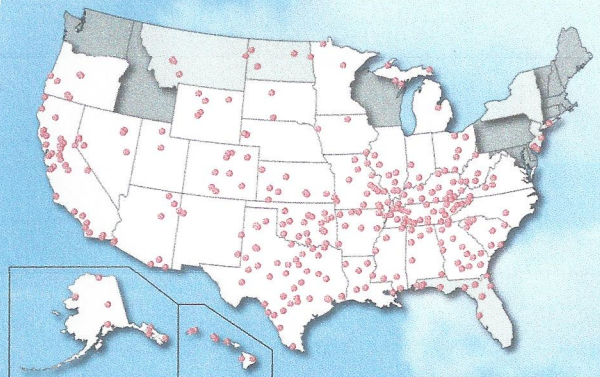
By the numbers...

- Over 3 million members
- Over 320 locations in 38 states
- Available 24/7/365

Don't wait until it's too late... become a member today!



**Air Ambulance
Membership Program**



Terms and Conditions apply.

Patty Rex • 916-342-3221 • patricia.rex@airmedcarenetwork.com
Enroll Today at: www.airmedcarenetwork.com/msm/patty-rex

Sacramento Valley Morgan Horse Club

By applying for membership, I agree to AMCN's and/or Fly-U-Home's terms and conditions on the bottom of this application.

SIGN OR INITIAL HERE

TODAY'S DATE

STEP 1: MEMBER CONTACT INFORMATION

Primary First Name		Primary Last Name		Date of Birth		Home Phone		Cell Phone	
Physical Address			City	State	Zip	E-Mail <small>In order to sign up with recurring payment options or receive electronic invoicing, you must provide a valid email address</small>			
Mailing Address <small>(if different from above)</small>			City	State	Zip	County		<input type="radio"/> Electronic Invoicing <input type="radio"/> Quarterly Member News	

STEP 2: LIST ADDITIONAL MEMBERS IN HOUSEHOLD

Secondary First Name		Secondary Last Name		Date of Birth	
First Name		Last Name		Date of Birth	
First Name		Last Name		Date of Birth	
First Name		Last Name		Date of Birth	

STEP 3: CHOOSE YOUR MEMBERSHIP OPTION(S)

EMERGENT - AMCN

1-Year Membership Entire Household \$65

NON-EMERGENT - FLY-U-HOME

1-Year Membership Add-on* **\$15 Dollar Savings!** \$134

1-Year Membership Stand-Alone \$149

*Add-On available only with AMCN Membership

Total AMCN Membership Dues Amount	Total Fly-U-Home Membership Dues Amount	Total Membership Amount
\$	\$	\$
+	=	=

STEP 4: SET UP YOUR PAYMENT PLAN

PAYMENT OPTIONS (select one)

- Check or money order payable to: **AirMedCare Network**
PO Box 948, West Plains, MO 65775
- One time credit card payment or automatic transfer from checking account.

BANK INFORMATION

(required for monthly membership option and automatic transfers from checking account)

Name on bank account _____ Routing number _____ Account number _____
(please attach a voided check)

CREDIT CARD INFORMATION

-

Credit Card Number _____ Expiration Date _____

X Signature _____
3 digit code on back of card
4 digit code on front for AMEX

Statement of Authorization I authorize AirMedCare Network to initiate the EFT withdrawal as indicated on this form. If I have elected to pay via credit card, I agree to abide by all terms and conditions of my credit card agreement. If I have elected to pay via EFT, I authorize my financial institution to transfer the amount indicated on the attached voided check to AirMedCare Network. Adjusting entries to correct errors are also authorized. It is agreed that these debits and adjustments will be made electronically and under the rules of the National Automated Clearing House Association (NACHA).

X _____ / ____ / ____
 (Signature Required for Credit Card/EFT Authorization) Month Day Year

**ATTENTION CALIFORNIA RESIDENTS:

Signature required on back of this form for membership activation

Questions? Call or visit airmedcarenetwork.com/msm/Patty-Rex

Patty Rex • 916-342-3221

Patricia.Rex@airmedcarenetwork.com

GET CODE	TRACK CODE	PLAN CODE	COUPON CODE
13882	11158	11158-CA-BUS	

AMCN Membership Terms and Conditions

AirMedCare Network is an alliance of affiliated air ambulance providers* (each a "Company"). An AirMedCare Network membership automatically enrolls you as a member in each Company's membership program. Membership ensures the patient will have no out-of-pocket flight expenses if flown by a Company by providing prepaid protection against a Company's air ambulance costs that are not covered by a member's insurance or other benefits or third party responsibility, subject to the following terms and conditions:

- Patient transport will be to the closest appropriate medical facility for medical conditions that are deemed by AMCN Provider attending medical professionals to be life- or limb-threatening, or that could lead to permanent disability, and which require emergency air ambulance transport. A patient's medical condition, not membership status, will dictate whether or not air transportation is appropriate and required. Under all circumstances, an AMCN Provider retains the sole right and responsibility to determine whether or not a patient is flown.
- AMCN Provider air ambulance services may not be available when requested due to factors beyond its control, such as use of the appropriate aircraft by another patient or other circumstances governed by operational requirements or restrictions including, but not limited to, equipment manufacturer limitations, governmental regulations, maintenance requirements, patient condition, age or size, or weather conditions. FAA restrictions prohibit most AMCN Provider aircraft from flying in inclement weather conditions. The primary determinant of whether to accept a flight is always the safety of the patient and medical flight crews. Emergent ground ambulance transport of a member by an AMCN Provider will be covered under the same terms and conditions.
- Members who have insurance or other benefits, or third party responsibility claims, that cover the cost of ambulance services are financially liable for the cost of AMCN Provider services up to the limit of any such available coverage. In return for payment of the membership fee, the AMCN Provider will consider its air ambulance costs that are not covered by any insurance, benefits or third party responsibility available to the member to have been fully prepaid. The AMCN Provider reserves the right to bill directly any appropriate insurance, benefits provider or third party for services rendered, and members authorize their insurers, benefits providers and responsible third parties to pay any covered amounts directly to the AMCN Provider. Members agree to remit to the AMCN Provider any payment received from insurance or benefit providers or any third party for air medical services provided by the AMCN Provider, not to exceed regular charges. Neither the Company nor AirMedCare Network is an insurance company. Membership is not an insurance policy and cannot be considered as a secondary insurance coverage or a supplement to any insurance coverage. Neither the Company nor AirMedCare Network will be responsible for payment for services provided by another ambulance service.
- Membership starts 15 days after the Company receives a complete application with full payment; however, the waiting period will be waived for unforeseen events occurring during such time. Members must be natural persons. Memberships are non-refundable and non-transferable.
- Some state laws prohibit Medicaid beneficiaries from being offered membership or being accepted into membership programs. By applying, members certify to the Company that they are not Medicaid beneficiaries.
- These terms and conditions supersede all previous terms and conditions between a member and the Company or AirMedCare Network, including any other writings, or verbal representations, relating to the terms and conditions of membership.

*Air Evac EMS, Inc. / Guardian Flight / Med-Trans Corporation / REACH Air Medical Services, LLC — These terms and conditions apply to all AirMedCare Network participating provider membership programs, regardless of which participating provider transports you.

AirMedCare Network* Fly-U-Home U.S. Domestic Membership – Terms and Conditions

- Air Medical Transport: Arrangements, Suitability and Additional Passengers.** If (1) an AirMedCare Network Fly-U-Home member is admitted to a hospital in the Contiguous 48 States that is more than 150 nautical miles (or approximately 172.6 statute miles) from the member's residence and (2) it is determined by the member's physician and AirMed's medical director that the member's medical condition is stable enough to allow air transport but that medical escort is required, then, at the member's request, AirMed will provide the member with private air medical transport or, if appropriate, commercial airline transport with medical escort. Transport will be provided on a bedside-to-bedside basis to a hospital of the member's choice that has accepted the member as a patient and is within the locality of the member's residence, subject to the membership terms and conditions. Decisions regarding urgency of transport, the best timing and the most suitable means of transport will be made by AirMed after consultation with the local attending physician and the member's receiving physician. AirMed will make all arrangements for each air medical transport. AirMed will not reimburse members for medical, medical transport or related expenses they incur on their own. AirMedCare Network Fly-U-Home membership does not cover emergent patient transports. Travel companions and baggage will be accommodated at no additional cost on AirMed transports, subject to safety and space constraints, but companions will be responsible for their own airfare on scheduled commercial aircraft.
- Transport of Mortal Remains.** If a member dies within the Contiguous 48 States while traveling more than 150 nautical miles (or approximately 172.6 statute miles) from the member's residence, at the request of the member's family, AirMed will arrange for the return of the member's mortal remains to a funeral facility in the city of the member's residence within the Contiguous 48 States.
- Member Eligibility.** A member must be a natural person who resides in the Contiguous 48 States, meaning the United States of America, excluding the states of Alaska and Hawaii, and excluding all territories and possessions. A member's residence must be listed on the member's enrollment application. Requests for changes to a member's residence must be submitted in writing to AirMed. The benefits of the membership extend to the designated primary member and all persons who dwell in a shared living space with the primary member and who are named in the enrollment application. Membership commences after a completed enrollment application and full payment has been received.
- Qualifications, Limitations and Exclusions.** Membership is subject to the following qualifications, limitations and exclusions:
 - Ineligible and Excluded Transports.** A member who is hospitalized at the time of enrollment, or who was hospitalized within 30 days prior to enrollment for the same or related condition, will not be eligible for transport benefits related to that hospitalization. A member being evaluated for or on an organ transplant list prior to enrollment will not be entitled to a transport for conditions related to that transplant.
 - Maximum Number of Transports.** Membership covers up to two separate transports per year per membership (in total for all members covered under one membership); however, if multiple members who are covered under one membership require simultaneous transport, then each such member will be limited to that one transport.
 - Locations Inaccessible by Fixed Wing Aircraft.** Both the originating and receiving hospital must be reasonably accessible by ground ambulance to transport the member to and from an airfield capable of accommodating an AirMed or one of its authorized affiliates aircraft. The cost associated with transportation from isolated areas or islands to an airport accessible to AirMed aircraft is not included in the membership and will be the responsibility of the member. Membership benefits do not include helicopter transportation.
 - High Risk / Safety Medical Restrictions.** In conjunction with FAA, U.S. State Department and other regulatory standards, and AirMed safety standards, a member will not be entitled to air medical transport if the member's illness or injury is a result of or is contributed to by the following: (i) suicide or attempted suicide or intentional self-injury; (ii) a member's own criminal or felonious act; (iii) actions taken while the member is in a state of insanity; (iv) war, invasion, civil war or terrorism; or (v) contagious airborne pathogens. A member suffering from a psychiatric or mental disorder that is not manageable and will not allow safe transport within the confines of the ground ambulance and aircraft may not be transported. A member beyond the second trimester of pregnancy may not be transported if the transport request relates to the pregnancy.
 - Non-Refundable, Non-Transferable.** Memberships are non-refundable and non-transferable.

*AirMedCare Network® is a registered service mark of Air Medical Group Holdings, Inc. All AMCN Fly-U-HomeSM membership benefits and services are offered and provided by AirMed International LLC, an FAA Part 135 operator, and EagleMed LLC, an FAA Part 135 operator, both subsidiaries of Air Medical Group Holdings, Inc.

****Attention California Residents - A Word from the California Department of Managed Health Care**

****BEFORE YOU PURCHASE:** If you are currently enrolled in a health maintenance organization (HMO) or other health insurance, the benefits provided by Reach/AirMed International LLC may duplicate the benefits provided by your HMO or other health insurance. If you have a questions regarding whether your HMO or other health insurance offers benefits for ambulance services, you should contact that other company directly.

WARNING: Reach/AirMed International LLC is not an insurance program. It will not compensate or reimburse another ambulance company that provides emergency transportation to you or your family. This may occur when 911 Emergency System has independently determined that another company could provide more expeditious service or is next in the rotation to receive a call. This might also occur when Reach/AirMed International LLC is unable to perform within a medically appropriate timeframe due to a mechanical or maintenance problem or being called on another flight.

YOU MUST SIGN OR INITIAL THIS STATEMENT: _____

COMPLAINTS: For complaints regarding Reach/AirMed International LLC, first attempt to call the plan at 1-800-793-0010. If Reach/AirMed International LLC fails to resolve the complaint to your satisfaction, contact the Department of Managed Health Care at 1-888-466-2219. The Department's website is <http://www.healthhelp.ca.gov>. You may obtain complaint forms and instructions online.

OPERATING UNDER CONDITIONAL EXEMPTION: Reach/AirMed International LLC is operating pursuant to an exemption from the Knox Keene Health Care Service Plan Act of 1975 (Health and Safety Code section 1340 et seq).

**Sacramento Valley Morgan Horse Club, Inc.
2019 Membership Application**



Membership is from 1/1 to 12/31. Membership is not activated until payment is received. Don't miss an issue of *Hoof Prints!* The newsletter is available online at www.svmhc.com If you would like to receive a printed copy, please check the box below and remit an additional \$10 to cover the cost of printing and postage. Printed copies are available to Business and Lifetime members on request at no additional cost.

Please print out the form (two pages), complete all that applies and mail the completed form with payment to: **Cathy Parks, 5837 Hobbs Lane, Sacramento 95842.** You can email Cathy at clparks1119@gmail.com or call her at 916-338-2773. Please make checks payable to: SVMHC

AMHA # _____ __ New Membership __ Renewal

MEMBERSHIP: Still a great bargain! The BODs voted to keep the membership fee the same again this year!

One adult	General \$25	_____	
Individuals under 18 as of 1/1 of the membership year	Youth \$15	_____	
	Business \$50	_____	Business Name: _____
	Life \$350	_____	
2 adults at the same address and/or children 17 and under	Family \$40	_____	
Newsletter Mailing Fee \$10	_____		Newsletter Mailed: <input type="checkbox"/> Yes <input type="checkbox"/> No

TOTAL ENCLOSED

Adult Name: _____ Adult Name: _____

Youth Name: _____ Birth Date: ____/____/____

Youth Name: _____ Birth Date: ____/____/____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Fax: (____) _____

E-Mail: _____ Website: _____

I agree to allow my information to be printed in the membership directory – **PLEASE COMPLETE THE FORM COMPLETELY**
 I wish to be a member, but do not want my information listed in the membership directory

Please choose areas you are interested in:

<input type="checkbox"/> Horse Shows	<input type="checkbox"/> Youth Club	<input type="checkbox"/> Social Events
<input type="checkbox"/> Convention	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Trail Rides
<input type="checkbox"/> Fund Raising	<input type="checkbox"/> Clinic	<input type="checkbox"/> Other: _____

Do you know anyone who owns a Morgan but is not a club member? Let us know and we'll send them information about our club and an invitation to become a member.

JEANNE MELLIN PRINTS AVAILABLE

Proceeds to benefit the Morgan Horse Ranch at Point Reyes National Seashore
(a 501(c)(3) nonprofit organization)



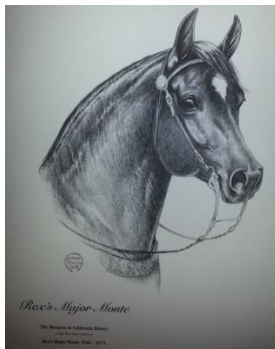
Carlyle Command



Dapper Dan



Lippitt Pecos



Rex's Major Monte



UVM Promise



Waseeka's Peter Piper

Prints (11x14) – \$25.00 each – Set of all 6 prints – \$125.00 (plus postage)
(Limited number of signed prints available at moderately higher price)

Send your orders to:

Friends of Pt. Reyes Morgan Horse Ranch Committee

(Like us on Facebook)

A subcommittee of Sacramento Valley Morgan Horse Club

c/o Connie Barker, 4340 Garfield Avenue, Carmichael, CA 95608 - teamebony@att.net

Make checks payable to Sacramento Valley Morgan Horse Club (note "for Morgan Horse Ranch Only")

Name: _____

Address: _____

Phone: _____ **Email:** _____

Prints & Quantity Ordered: _____





SLB FARMS
CHAMPION MORGANS

Sherry Bartolucci, Owner
15826 Indian Springs Road
Penn Valley, CA 95946
phone: 530.272.6770

GRAND FINALE STABLES

Training ~ Boarding ~ Lessons ~ Clinics



MEGAN GALLAGER

Trainer/Manager

916-812-1144
Grass Valley, CA
grandfinalestables.net
evansm909@hotmail.com

Lic. 869203

Scott Vick



P.O. Box 1616
Diamond Springs, CA 95619
Fax: **530-647-2966**
www.scottysheatingandair.com

El Dorado Co. **530-644-2206**
Sacramento Co. **916-817-7714**
scottys HVAC@att.net

Anthony's Custom Cabinets

Tony Roth
530-906-4521
anthonyroth@att.net
est. 1988

Info for Advertising



Wanna advertise with us?

Good choice!

We put your ad in the newsletter, which is sent out by mail to club members and also readable online, so lots of people get to see it.

Prices

Prices:	Members	Non-Members
Full-Page Ad	\$40.00	\$55.00
Half-Page Ad	\$25.00	\$35.00
Business Card Ad for a Year	\$30.00	\$50.00
Color Cover	\$100.00	\$150.00
Classified Ad-30 Words	\$10.00	\$15.00